



Selene Restaurant

Persian and Mediterranean

Fully Licensed



- ☎ 020 7482 1571
- 📍 Selene Restaurant Camden
- 📧 selene_restaurant_camden
- 🕒 Sun - Thu: 11:00 - 22:30
- 🕒 Fri - Sat: 11:00 - 23:00
- 📍 112A Camden Road, NW1 9EE
- 🌐 www.selenerestaurantcamden.com

Allergy Advice: If you have any allergies or require any nutritional information please notify a member of staff.

Starters



HOT STARTERS

1. Kashke bademjan ✓ 7.50
Aubergine fried onion and garlic mixed with kashk
2. Dolme 6.90
A dish of a filling wrapped in grape leaves
3. Pumpkin (Kadoo) 7.50
4. Mirza ghasemi ✓ 7.50
Grilled aubergine, fried onion, garlic and egg mixed in fresh tomato sauce
5. Chicken Wings (6 pcs) 7.50
Skew of specially marinated children chicken
6. French Fries 4.00



15. STARTER PLATE FOR 4

Dolme, Kashke Bademjan, Mirza Ghasemi, Hummus and Mast o Khiar

22.00



WRAP & BURGER

16. Beef Burger ... 12.50
Delicious classic with homemade beef patties, topped with American cheese and finished off with a toasted bun with burger sauce
17. Chicken Burger ... 12.50
Delicious classic with chicken topped with American cheese and finished off with a toasted bun with burger sauce



COLD STARTERS

7. Hummus ✓ 6.50
Mashed chickpeas, garlic, sesame puree and olive oil
8. Mast O Khiar ✓ 6.50
Homemade yoghurt accompanied with finely chopped cucumber and ground mint
9. Mast O Musir ✓ 6.90
Yoghurt infused with finely chopped shallots
10. Zeytoon Parvarde ✓ 7.50
Green olives marinated with pomegranate paste and lemon juice, olive oil and walnuts.
11. Pickels (Torshi) ✓ 6.90
Traditional Persian homemade pickles with mixed vegetable
12. Season Salad ✓ 8.50
Lettuce, tomato, cucumber and olives
13. Salad Shirazi ✓ 7.50
Finely chopped cucumber, tomato, onion, dried ground mint and lemon
14. Naan Bread or Sangak Bread 2.00

SOUPS

21. Lentil Soup ... 5.95

Grilled Kebabs



23. Chicken Shish ... 15.90 ...



A grilled skewer of marinated
and thin chicken fillet
Served with grilled tomatoes & saffron rice

22. Koobideh Kebab (Koofta Kebab)

... 14.90 ...



Twin skewers of grilled minced lamb
Served with grilled tomatoes & saffron rice



24. Chicken Shish Spicy

... 15.90 ...



A grilled skewer of marinated chicken fillet
in a spicy sauce
Served with grilled tomatoes & saffron rice

25. Chicken Shish with Pomegranate
Sauce ... 17.50 ...

... 17.50 ...

26. Lamb Shish Kebab ... 19.50



A skewer of grilled diced lamb
Served with grilled tomatoes & saffron rice

26. Lamb Shish Kebab Spicy

... 19.50 ...



A skewer of grilled diced lamb in a spicy Sauce
Served with grilled tomatoes & saffron rice

27. Lamb Shish with Pomegranate Sauce



... 21.50 ...



Grilled Kebabs

28. Lamb Chops ... 22.50 ...



Grilled skewer, tender
and marinated lamb chops
Served with grilled tomatoes & saffron rice



29. Mix Kebab ... 18.50 ...



Grilled skewer of marinated, tender, diced
chicken fillet and skewer of minced lamb
Served with grilled tomatoes & saffron rice



30. Royal Kebab ... 22.50 ...



Grilled skewer thinly sliced lamb
fillet and a skewer of minced lamb
Served with grilled tomatoes & saffron rice



31. Momtaz ... 18.50 ...



Grilled skewer of marinated diced
lamb and chicken fillet
Served with grilled tomatoes & saffron rice



32. Mixed Grill for 2

Two skewers of minced lamb, a skewer of chicken
breast, a skewer of diced lamb fillet served with
grilled tomatoes & saffron rice

... 39.99 ...

33. Mixed Grill for 4

4 skewers of minced lamb, 2 skewers of chicken
breast, a skewer of diced lamb fillet served with
grilled tomatoes & saffron rice

... 69.99 ...

Chef Specials



34. Lamb Shank with Broad Beans
... 22.50 ...
or Lamb Neck ... 17.50 ...



Slow cooked, succulent organic lamb shank or lamb neck served with steam cooked rice, intermixed with broad beans (baghala) and sun-dried dill

35. Chicken with Broad Beans
... 17.50 ...



Slow cooked chicken in traditional Persian sauce, served with steam cooked rice, intermixed with broad beans (baghala) and sun-dried dill



36. Salmon or Sea Bass served
with herb rice ... 19.95 ...



Fresh fish marinated in extra olive oil, saffron and lemon juice, served with saffron rice



37. Chicken with Barberry Rice
... 17.50 ...



Pan-fried organic chicken leg, cooked in tomato sauce served with a portion of steam cooked rice with fine saffron and with wild barberries



Stews

WITH MEAT

Served with a portion of steam-cooked rice

38. Persian Herb Stew ... 16.95

Fresh finely chopped herbs, kidney beans, diced tender lamb and sun-dried lime

39. Okra Stew (Bameyeh) ... 16.95

Pan-fried okra with tomato sauce, and diced lamb

40. Split Yellow Peas
Aubergine Stew

... 17.95

Pan-fried aubergine in tomato sauce, with yellow peas, diced lamb and sun-dried lime

41. Fesenjoon

... 18.95

Sweet and sour stew of walnut and pomegranate with chicken pieces



VEGETARIAN DISHES

Served with a portion of steam-cooked rice

42. Okra Stew ... 14.95

Pan-fried okra and sliced in tomato sauce.

43. Persian Herb Stew ... 14.95

Fresh finely chopped herbs, kidney beans, diced tender lamb and sun-dried lime

44. Split Yellow Peas
Aubergine Stew

... 14.95

Pan-fried aubergine in tomato sauce, with yellow peas, diced lamb and sun-dried lime

45. Pumpkin Stew

... 14.95

Intermixed lentils, pumpkin, plums, tomato sauce and pomegranate paste

46. Mixed Veg Stew

... 16.00

Mix of variety of vegetables

Beryani Mix



47. Lamb Beryani (Laham) ... 18.50 ...



Made from lamb shank, carrots, hot onion, sliced pistachios, sliced almond, raisin and barberry rice

48. Chicken Beryani ... 14.90 ...



Made with fillet chicken, carrots, hot onion, sliced pistachios, sliced almond, raisin, and barberry rice



49. Drawn (Shrimp) Beryani ... 19.50 ...



Made from prawns, carrots, hot onion, sliced pistachios, sliced almond, raisin, barberry & rice



50. Vegetable Beryani ... 15.50 ...



Made from variety of vegetables with rice





Desserts

51. CHEESCKAE ... 5.95
52. SHOLE ZARD ... 8.50
53. CHOCOLATE FUDGE CAKE ... 5.95
54. SAFFRON & PISTACHIO ICE CREAM ... 6.99
55. PISTACHIO BAKLAVA ... 5.95

56. FALOODEH ... 6.50

Cold dessert with cherry and lemon sauce

...

57. MIXED SAFFRON ICE CREAM AND
FALOODE (Makhloot) ... 6.95

...

58. DATES ... 5.50

SOFT DRINKS

59. COKE ... 2.95
60. ZERO COKE ... 2.95
61. DIET COKE ... 2.95
62. SPRITE ... 2.95
63. STILL WATER S: 2.95 L: 4.95
64. SPARKING WATER S: 2.95 L: 4.95
65. ARON (glass of Doogh) ... 2.95

Alcoholic Drinks

BEERS & CIDERS

- | | |
|--------------------------------------|----------|
| 66. Birra Moretti (4.6% - PINT) | ... 6.95 |
| 67. Birra Moretti (4.6% - HALF PINT) | ... 5.95 |
| 68. Birra Moretti (330ML) | ... 5.95 |
| 69. Peroni Beer | ... 5.95 |
| 70. Crabbies Ginger Beer | ... 5.95 |
| 71. Kopparberg Cider | ... 5.95 |



ROSE WINE

- | | |
|---|-----------|
| 72. Pinot Grigio Blush 'CANTINE CLIVUS' | ... 23.50 |
| Pale pink with fresh minerality, strawberry on the nose and a medium bodied palate | |
| 73. Bardolino Chiaretto 'CANTINE MONTEFORTE' | ... 26.50 |
| A stylish and refreshing wine from the area west of Verona reaching to Lake Garda. Light salmon pink color. Fresh and medium, dry with a red fruits bouquet | |

SPARKLING WINE

- | | |
|--|-----------|
| 74. Prosecco 'COLLEVENTO 92' | ... 28.95 |
| Lively bubbles, notes of golden apple, wisteria and acacia flowers with a citrus edge and peach finish | |

Alcoholic Drinks

WHITE WINE

75. Trebbiano Garganega

●●●  'PRIMA PIETRA'

Crisp and dry, yet smooth. Well balanced with soft, supple and fruity flavours

GLASS ... 7.75 BOTTLE ... 23.50

76. Pinot Grigio

●●●  'CLIVUS'

Opening with floral notes, followed by aromas of peach. The taste is characterized by a pleasing freshness that is gentle and full

BOTTLE ... 26.50

77. Sauvignon

●●●  'TRAMONT'

From a top producer in the Friuli region, this delicious wine has full varietal flavours, dry and clean with the classic hint of gooseberry. Well balanced with an elegant finish

BOTTLE ... 28.50

78. Pecorino Delle Terre Di Chieti

●●●  'CANTINE RADICA'

A strong yet delicate wine with notes of flowers, citrus and exotic fruit.

Well-bodied with a fresh and slightly mineral finish

BOTTLE ... 32.50

79. Gavi Di Gavi

●●●  'BERGO'

A dry white of superior quality, the aroma is intense and refined with lemon, honey and green apple notes, accompanied by mineral tones. Balanced with a fresh acidity robust structure

BOTTLE ... 35.50

RED

WINE

80. Cabernet Merlot

'PRIMA PIETRA'  ●●●

Pleasant easy drinking wine. Plum on the nose, dry and fruity good body

GLASS ... 7.75 BOTTLE ... 23.50

81. Montepulciano D'Abruzzo

'COLLEZIONE DRAGANI'  ●●●

Wonderfully rounded with soft black cherry flavours and damson fruit aromas

BOTTLE ... 26.50

82. Primitivo Del Salento

'MAESTRO ITALIANO'  ●●●

Aromas of plum, blackberries and dark chocolate with a touch of cherry.

Well structures in the mouth, with a velvety texture and rounded mouthfeel

BOTTLE ... 35.00

83. Valpolicella Ripasso

'ETTORE'  ●●●

A wine influenced by dried grapes, delicious flavours of blackcherries, raspberries, sweet spices and black pepper. Smoothley tannic

BOTTLE ... 37.95

84. Rosso Grda Classico Superiore

'AVANZI'  ●●●

The Superiore Garda Classico is a prestigious red wine of Lake Garda. It is produced with a blend of Gropello, Barbera, Reboand Sangiovese grapes. Hints of vanilla and biscuits on the nose. This is as elegant, full bodied and gently tannic wine

BOTTLE ... 39.95

Breakfast Menu

85. Cinnamon Porridg ... 7.50

Served with cherry compote and maple syrup
(Milk alternatives are available)

86. Avocado Poached Egg ✓ ... 10.50

Crushed avocado with poached eggs
served on sourdough
Add smoked salmon +3.50

87. Eggs Your Way ✓ ... 8.50

Poached, fried, or scrambled eggs
served on sourdough toast

88. Persian Omlette ✓ ... 10.50

Cornish eggs baked in a slow-cooked
tomato sauce, with sangak bread

89. Nargesi ✓ ... 11.00

Sautéed spinach, Cornish farm eggs, topped with
almond flakes and served with sangak bread

90. Tambu ✓ ... 13.50

Roasted mixed peppers and butternu squash, with baked
eggs, merguez sausage, and topped with cheddar

91. Persian pancake ... 9.90



BREAKFAST FAVOURITE

92. English Breakfast ... 13.50

Lamb sausage, turkey bacon, zaatar fusion mushroom,
beans, grilled tomato and a choice of egg with
sourdough

93. Benedict ✔ ... 12.50

English muffin with turkey bacon. Topped with poached eggs and harrisa hollandaise

94. Florentine ... 12.50

English muffin with spinach. Topped with poached eggs and harrisa hollandaise

95. Royale ... 12.95

English muffin with smoked salmon. Topped with poached eggs and harrisa hollandaise



COFFEE & TEA

96. Single Espresso ... 2.95

97. Double Espresso ... 3.40

98. Cappuccino ... 3.40

99. Americano ... 3.40

100. Latte ... 3.40

101. Tea ... 2.95

SIDE

102. Turkey Bacon ... 3.50 | 103. Merguez Sausage 3.80 | 104. Mushrooms ... 3.50
105. Baked Beans ... 3.25 | 106. Smoked Salmon ... 3.50 | 107. Crushed Avocado ... 3.50
108. Grilled Halloumi ... 3.75